



Guyed Post Rig (Single End)

Assembly Instructions



Your Kit Includes:

- 2 x long spiral ground pegs with
shackles
- 1 x 75mm pressure treated post with:
 - 3 x small screw eyes
 - 1 x welded screw eyes
 - 2 x guy ropes
 - 2 x guy rope tensioners
 - 1 x overhead support rope
 - 2 x hammock end ropes (1 x long, 1 x short)

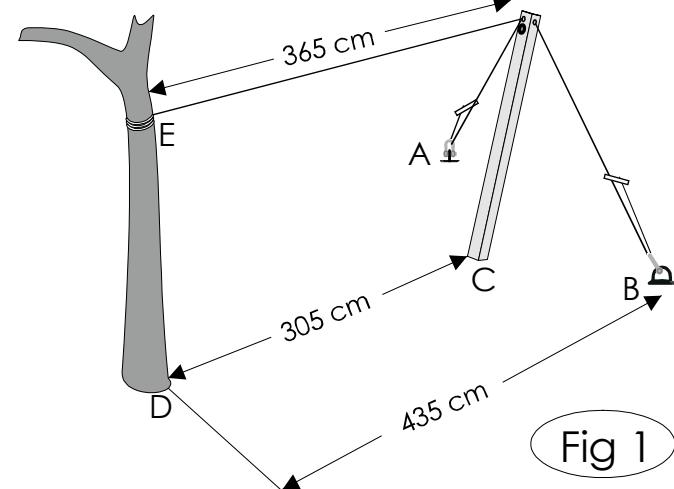


Fig 1

You Will Also Need:

- 1 x fixing point (eg. tree, post, wall, etc.)
- 1 x bar to wind in ground pegs
- 1 x measuring tape for floor plan

Erection Sequence:

1) Use a measuring tape to mark points A, B, C as shown in Fig 2 starting from the fixing point that you already have (eg. tree, post, wall, etc at point E). If point D is not vertically below point E then you should adjust the distance D-C accordingly (eg. 305-35=270cm where a tree bulges out 35cm at the base).

2) Use the bar to install the two ground pegs at positions A and B by twisting them in vertically. You can start them off by making a hole with a screwdriver. Do not use excessive force or you will shear the spiral. If they do not install readily, try backing off slightly and retrying. You could also wet the ground to soften the earth. If you do hit an obstruction you will need to relocate the peg. Ensure that the pegs are fully inserted with the top plates in contact with the ground and the heads pointing roughly to where the post top will be, as shown in Fig 5.

3) Connect the shackles to join the guy lines to the ground pegs.

4) Attach the loose end of the overhead rope to your own fixing point at E ensuring that the taped marker is just showing (see Fig 3).

5) Stand the base of the post on point C and use the tensioners to adjust the guy lengths so that a pyramid is formed by the guys and post. Adjust the tensioners so that the post is vertical when viewed end on.

6) Use the shorter hammock rope supplied to hang your hammock from the welded eye on the post (Fig 4) using the hammock knot shown in our handbook. Use the longer hammock rope to attach the hammock to your fixing point at the other end. Hang the hammock relatively high at first and gently ease your weight onto it. The new rig ropes will give a little initially and the tensioners should be adjusted so that the overhead support rope is taut when the rig is not in use. When in use the overhead rope will slacken slightly - this is normal.

7) HINT: If you hear or feel excessive creaking from the ropes when the hammock is in use, try spraying some WD40 onto the welded eye. This reduces friction and results in a smoother motion.

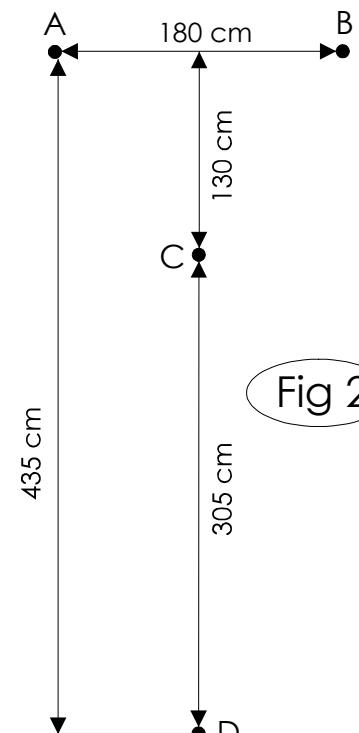


Fig 2



Fig 3

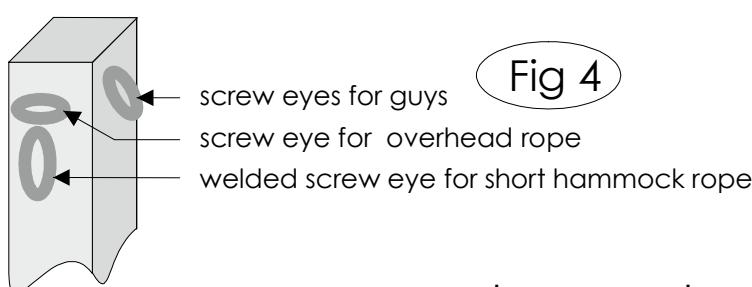


Fig 4

Try to position the spiral peg head so that it is in line with the guy rope



Fig 5

